



## Ingredients:

- 2 lbs ground beef, 90% lean
- 1 chopped onion
- 1-2 chopped green peppers, julienne
- ⅔ cup Vegetable Broth
- <sup>1</sup>/<sub>4</sub> cup soy sauce
- $\frac{1}{2}$  tsp garlic powder
- $\frac{1}{2}$  tsp ground ginger
- <sup>1</sup>/<sub>4</sub> tsp black pepper
- 1 cup chopped green onions (optional)
- Salt to taste
- 1 lb hot, cooked spaghetti noodles

## Method:

- 1. Cook spaghetti in salted water until tender, about 10 to 12 minutes.
- 2. Brown meat in a skillet until beef loses its pink color, stirring to break apart, drain off excess fat.
- 3. Combine beef with onions, peppers, soy sauce, salt, garlic powder, ginger, and pepper. Cook until onions are tender, about 10 minutes, stirring constantly.
- 4. Add water, green onions, and spaghetti, mixing thoroughly.
- 5. Heat to serving temperature, 155 F. or higher for 15 seconds. Hold for service at 140 F. or higher.
- 6. Serve with Ka-Me Sweet Chili Sauce, or one to your liking, if desired.