



Ingredients:

- 1 pound lean ground beef
- 1 package dry onion soup mix
- 4 small potatoes peeled and sliced
- 2 cups carrots chopped
- 1 large or 2 small onions, sliced
- 2 tablespoons olive oil
- 1 teaspoon garlic powder
- Salt & pepper to taste
- Condensed mushroom soup

Method:

- 1. Preheat oven to 375°F.
- 2. Combine ground beef and dry soup mix in a bowl. Form into four patties and set aside.
- 3. In a large bowl, combine all remaining ingredients except mushroom soup. Toss until well mixed.
- 4. Spray a 12" x 18" piece of foil with non-stick spray.
- 5. Place ¼ of the vegetable mixture in the center of the foil. Top with 1 beef patty. Add 2 tablespoons of condensed mushroom soup on top of each patty.
- 6. Seal foil packets well. Place beef side up on a large baking sheet and bake 35-45 minutes or until potatoes and carrots are tender.

Notes:

These foil packs can also be grilled at medium heat for about 45 minutes or until potatoes are tender and ground beef reaches 160°F.