

Sour Cream and Bacon Crockpot Chicken



Ingredients:

- 8 bacon slices
- 8 boneless, skinless chicken breasts
- 2 (10 oz) cans roasted garlic cream of mushroom soup
- 1 cup sour cream
- ¼ cup flour (all purpose or gluten free blend)
- Salt and pepper to taste

Method:

- 1. Place the bacon in a large skillet and cook over medium-low heat until some of the fat is rendered. Be sure that the bacon is still pliable and not crisp. Drain on paper towels.
- 2. Then wrap one slice of bacon around each boneless chicken breast and place in a 4-5 quart crockpot
- 3. In medium bowl, combine condensed soups, sour cream, and flour and mix with wire whisk to blend. Pour over chicken
- 4. Cover crockpot and cook on low for 6-8 hours until chicken and bacon are thoroughly cooked. You may want to remove the chicken and beat the sauce with a wire whisk so it is very well blended
- 5. Pour sauce over chicken
- 6. If you have a newer crockpot, check the chicken at 5 hours. The internal temp should be 160 -170 degrees F