



Ingredients:

- 1 cup sour cream
- 1 garlic clove, minced
- 1 tsp chili powder
- $\frac{1}{2}$ tsp cumin
- ¹/₄ tsp cayenne pepper
- ¹/₄ tsp salt
- Juice of 1 lime
- 1 small avocado
- ¹/₄ tsp pepper

Method:

- 1. Mix all ingredients together in a blender or food processor until smooth and creamy.
- 2. Add salt and pepper to taste, if needed.